



Playdough Recipe

You will need:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- Food Colouring (Optional)

Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all the stickiness has gone. *This is the most important part of the process, so keep at it until it is the perfect consistency!*
- If it remains a little sticky, then add a touch more flour until just right
- Happy Play Time!!!!

Added Extras - Just for Fun:

At playgroup we have been experimenting with our senses and adding the sense of smell to our playdough.

Adding:

- Unicorn Essence (Can pick this up in the cooking aisle at your local supermarket)
- Lemon Oil
- Coconut Oil