



Yoga for Kids

Join us for school holiday yoga fun!

Our Yoga classes are a great way for kids to have fun and develop skills for self-regulation, social interaction, language, team work, grounding, self-confidence, strength and breathing.

Our team is looking forward to welcoming you.



Meg, Speech Pathologist



Ally, Physiotherapist

Who

Yoga classes are for NDIS funded participants aged 6 to 14 years

When

- Monday 11th & 18th Jan
- 10 am - 12 pm & 1 pm - 3 pm

Where

Ashtonfield Community Hall

Parents/carers are required to drop children off and pick them up at the end of class.

Book now

Please RSVP by Wednesday 16th December 2020.
Email admin@earlylinks.org.au or call 02 4934 3773.
Limited spaces and sessions are dependent on numbers.



Early Links

Inclusion Support Service