



# Yoga for Yogis

## Join us in term 2 for yoga fun!

Our Yoga classes are a great way for kids to have fun and develop skills for self-regulation, social interaction, language, team work, grounding, self-confidence, strength and breathing.

Our team is looking forward to welcoming you.

### Who

Yoga classes are for NDIS funded participants aged 5 to 12 years. Active kids vouchers are welcome!

### When (Term 2)

- Mon 26th Apr - 21st Jun 2021
- 3.45 - 4.30 pm

### Where

Ashtonfield Community Hall

Parents/carers are required to drop children off and pick them up at the end of class.



## Book now

Email [admin@earlylinks.org.au](mailto:admin@earlylinks.org.au) or call 02 4934 3773.

Limited spaces and sessions are dependent on numbers.